



UMBILICAL CORD CARE



TIPS FOR CARING YOUR BABY'S UMBILICAL CORD

Embrace the journey of caring for your baby's umbilical cord as a whimsical symphony. Follow these tips to ensure cleanliness, promote air circulation, and trust in the cord's natural progression toward detachment.

- 01. Keep it clean and dry:** Maintain the cleanliness and dryness of the umbilical cord area, ensuring it receives the care it needs.
- 02. Embrace fresh air:** Allow the cord to be exposed to fresh air whenever possible, letting it sway in the breeze.
- 03. Gentle sponge baths:** Opt for sponge baths to cleanse your baby, avoiding water contact with the umbilical cord.

For more info, reach out to www.thefirstparents.com

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04. Wait for the bathtub: Refrain from submerging your baby in a bathtub until the umbilical cord has detached.

05. Diaper below the cord: Keep the diaper below the umbilical cord to respect its space. You may need to fold the diaper for optimal comfort.

06. Let the stump fall naturally: Allow the umbilical stump to detach on its own without picking or pulling at it.

07. Seek medical advice: If you observe any concerning signs during this care routine, such as active bleeding, foul-smelling discharges, red or swollen skin, or sensitivity when touched, reach out to your baby's healthcare provider. If the cord remains beyond 8 weeks, medical attention may be necessary.

Remember, if any concerns arise, consult your baby's healthcare provider for expert guidance.

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