



PSYCHOLOGICAL BENEFITS OF BABY MASSAGE



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- IT HELPS IN BONDING & ATTACHMENT.
- IT BUILDS TRUST BETWEEN YOU & YOUR BABY.
- IT HELPS IN REGULATING EMOTIONS, MOODS AND ENERGY.
- IT HELPS IN DEVELOPING LEARNING ABILITY, FOCUS AND MEMORY.
- IT CREATES SENSORY AWARENESS, BODY AWARENESS.
- IT BUILDS NEW NEURAL PATHWAYS & STRENGTHENS THE EXISTING PATHWAYS.
- IT FACILITATES BRAIN DEVELOPMENT AS WELL.

For more info, reach out to www.thefirstparents.com

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